

8TH GRADE HEALTH EDUCATION

Trimester Rotation Course (12 weeks)
Mrs. Pankratz
ampankratz@gapps.stratford.k12.wi.us
(715) 687-4311 ext. 2184

Course Description:

This course is designed to provide students with the knowledge and skills of healthful living. A major focus is for students to understand how to take personal responsibility for their health through positive, healthy decisions.

Essential Learning Outcomes:

I can...

- Understand concepts related to health promotion and disease prevention.
- Analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
- Demonstrate the ability to access valid information and products and services to enhance health.
- Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- Demonstrate the ability to use decision-making skills to enhance health.
- Demonstrate the ability to use goal-setting skills to enhance health.
- Demonstrate the ability to use health-enhancing behaviors and avoid or reduce health risks.
- Demonstrate the ability to advocate for personal, family, and community health.

Supplies Needed Daily:

Notebook, Folder, Writing Utensil, Student Planner, Chromebook

Classroom Expectations:

Tiger PRIDE Classroom Expectations (see attached)

Assessment/Grading:

Each unit may include:

- Note taking, Assignments, In-class Activities, Exit Tickets, Classroom Environment/Participation Points (Rubric), Journaling, and Summative Unit Assessment

Grading Calculations:

- Summative Unit Assessment = 70% (end of unit assessment)
- Formative Assessment: 30% (assessments used throughout each unit)

Grading Scale:

93-100 = A	87-89 = B+	77-79 = C+	68-69 = D+	0-64 = F
90-92 = A-	83-86 = B	73-76 = C	66-67 = D	
	80-82 = B-	70-72 = C-	65 = D-	

Attendance:

If you missed class please see me as soon as possible to discuss what you missed!

Late Work Policy:

Remember a huge portion of this class is dedicated to responsible decision making to benefit your health status. Part of being a responsible person and preparing for future goals is turning your work in on time! However, mistakes happen! If you turn work in late, partial credit may be given. If late work becomes a habit we will conference during advisory time.

Retake Policy:

Students who score below a 70% on a summative unit assessment will be allowed to retake the assessment (designed by the teacher) once within the following parameters:

- Students have all unit work completed and/or corrected.
- Retakes are completed within one week of assessment date (holidays and vacations dates not included).
- Retake grade maximum is 89%. The higher of the two scores will be taken.

Help:

I will do whatever I can to help you, "my door" is always open!

My 1st-semester schedule:

- Lunch 11:37- 12:07 (I work in my office most days during lunch)
- 8th Hour Prep
- After school: 3:14-3:30 or later most days!

Please review the **syllabus, parent letter, unit list, and Tiger PRIDE classroom expectations** with your parents and return the bottom portion of this sheet to Mrs. Pankratz by Friday. !

Thanks, let's have a great 12 weeks!

At this time you should have reviewed the **Parent Letter, Unit List with Course Content, 8th Grade Health Education Syllabus, and Tiger PRIDE Classroom Expectations**. Please sign and provide the information requested below. By doing so, you are acknowledging that you have read, understand, and accept the policies and procedures as outlined in the materials provided. Thanks!

Student name (please print)

Student signature

Parent/Guardian name (please print)

Parent/Guardian signature

Parent email address

Contact phone number (day/evening)